BONNYVILLE INTERAGENCY



Newsletter

November 1, 2026

Interagency meetings provide a valuable opportunity for community organizations and service providers to connect, share information, and collaborate on local initiatives. Through regular communication and partnership-building, agencies can better support individuals and families by improving access to resources, reducing service gaps, and responding collectively to community needs.

Table of Contents | **Submission Information** | **FCSS Email**

Meeting Dates:		
	2026	November 18
	2027	January 20, March 17, May 19, July 21, September 15, November 17

Bonnyville & District FCSS
(780) 826-2120
bdfcss@town.bonnyville.ab.ca

BONNYVILLE INTERAGENCY

Table of Contents

1. Cover Page
2. Table of Contents
3. FCSS is Moving
4. Meals on Wheels
5. Home Support Program
6. Developing Babies
7. Lakeland Family Resource Network
8. LFRN - Parenting Programs
9. Newcomer Survey
10. Lakeland Employment Services
11. HIVE - Adulting with Frank
12. HIVE - Fitness Club
13. HIVE - Meal Night at the Hive
14. November at the Library
15. Dragonfly - Virtual Programs - November
16. Dragonfly - Foundations of Healing
17. Dragonfly - Caring Dads
18. Dragonfly - Rural Response to Sexual Abuse
19. Dragonfly - Trauma Counsellor
20. FASD - Conference
21. PCN - Women's Whole Health NP Clinic
22. PCN - Prenatal Classes
23. PCA- Breast Cancer Screening
24. PCA - Post-Partum Health
25. AHS - Living with Stroke
26. AHS - Alberta Quits
27. AHS - Mental Health Walk In Clinic
28. AHS - Colorectal Screening
29. Wellspring - Money Matters / Brain Fog
30. Wellspring - Bereavement /Returning to Work
31. Teams Alberta
33. Metis Justice Department
36. Portage College - Driver Training
37. Portage College - Just Paths - Metis Belonging
38. Portage College - Just Paths - ADAP
39. Portage College
40. Interagency - Back Cover

Next Interagency Meeting is November 18, 2026

As FCSS, LFRN, and LinkUp 55+ settle into our new location at the Town of Bonnyville - Town Hall, there may be some changes to where meetings are held. Since the Community Room will be used by one of our programs. Meeting locations will be communicated by email so please watch for venue updates.
Meeting times remain 9:30 a.m. to 11:30 a.m. unless otherwise noted.

Please bring brochures and posters about your programs/services. If you have any questions, please email tmatthewman@town.bonnyville.ab.ca

fcss Bonnyville & District Family and Community Support Services

Lakeland FAMILY RESOURCE NETWORK

LinkUp55+ Connecting People, Purpose and Community

Our Offices Are MOVING

to a New Location

Town of Bonnyville Town Hall

4917 – 49 Avenue
Bonnyville, AB



Our offices will be relocating to the Town of Bonnyville Town Hall over the next three weeks.

To allow staff time to complete the move and set up services in the new location, programming will be suspended until the move is complete.

We appreciate your patience and understanding during this transition and look forward to welcoming you to our new location soon!

Contact information remains the same

Phone: 780-826-2120
Email: bdfcss@town.bonnyville.ab.ca
Website: www.bonnyvillecommunityservices.ca

fcss
Bonnyville & District
Family and Community
Support Services





MEALS
ON WHEELS PROGRAM

The Meals on Wheels program provides a nutritious meal for those who are unable to prepare meals for themselves. These may be seniors, new moms, individuals with impairment, convalescents, etc. The Meals on Wheels program is available to residents living in the Town of Bonnyville.

Meals are delivered by volunteers and are available Monday to Friday during lunch hour including holidays. The cost for each meal is $11.60 per day and will be invoiced to the client on a monthly basis. .

Lakeland
Lodge and Housing Foundation

For more information or to register, please call (780) 826-2120



For more information please call:

780-826-2120

fcss
Bonnyville & District Family and Community Support Services

Healthy Aging Alberta

Developing Babies

Tips for Successful Growth



during Rhyme Time at the library

FCSS will be joining Rhyme Time to engage parents/caregivers in healthy and helpful support for your growing baby.



Where: Bonnyville Municipal Library
When: 10:00 am and 11:00 am
Best for caregivers with children 0-3yrs

Sept. 24th	**Introduction to Ages and Stages**
Oct. 29th	**Hygienist visit**
Nov. 26th	**Triple P Tip Sheets**

Bonnyville Municipal LIBRARY

Triple P

Bonnyville Dental Clinic

fcss
Bonnyville & District Family and Community Support Services

Lakeland
FAMILY RESOURCE NETWORK

How Can We Support You?

Free programs and services for families in the Lakeland region

Strong families build strong communities — and we're here to help.



Support

Improving family well-being and social connections through family-centred programs, services, and one-on-one support.

Referrals

Connecting families to the right programs and community resources at the right time — no wrong door.

Navigation

Helping families navigate challenges and access the resources they need for a better quality of life.

Advocacy

Standing with families and making sure their voices are heard when it matters most.

Proudly serving families in **Bonnyville, Cold Lake and St. Paul** and surrounding areas

☎ **780-201-3499**

✉ frncoordinator@town.bonnyville.ab.ca

lakelandfrn.ca

Find us on Facebook

Lakeland Family Resource Network

Lakeland
FAMILY RESOURCE NETWORK

Parenting Programs

Free, evidence-based programs for parents and caregivers

Whether your child is a newborn or a teenager, there's a program here for you. All programs are free — call or email to register.

Group Triple P

Ages 5–12

- ✓ Why children behave as they do
- ✓ Encouraging good behaviour
- ✓ Managing misbehaviour & goals for change

Triple P Teen

Ages 12–16

- ✓ Building a positive relationship
- ✓ Teaching new skills
- ✓ Managing problem & risky behaviour

Love and Logic

Ages 0–17

- ✓ Teach responsibility without losing love
- ✓ Set limits without power struggles
- ✓ Put an end to arguing and back talk

Triple P Primary Care

Ages 5–12

- ✓ Brief, targeted help for a specific behaviour concern
- ✓ Practical strategies that fit your family

Triple P Fear-Less

Children with anxiety

- ✓ Understand the causes of anxiety
- ✓ Learn the role parents play in helping children overcome it

Active Parenting

Ages 5–12

- ✓ Why children misbehave & how to redirect them
- ✓ Non-violent discipline
- ✓ Building courage, character & communication

Active Parenting of Teens

Ages 13–17

- ✓ Effective discipline & teaching responsibility
- ✓ Improving communication
- ✓ Handling drugs, sexuality and violence

Active Parenting: First Five Years

Ages 0–5

- ✓ Ages and stages of development
- ✓ Building a strong bond & growing brain
- ✓ Preparing your child for school success

Proudly serving families in **Bonnyville, Cold Lake and St. Paul** and surrounding areas

☎ **780-201-3499**

✉ frncoordinator@town.bonnyville.ab.ca

lakelandfrn.ca

Find us on Facebook

Lakeland Family Resource Network



The Rural Development Network is launching a survey on November 1, 2026 to gather feedback from newcomers and immigrants about how welcoming and inclusive Bonnyville is. The survey will be anonymous, and the results will help identify ways to better support newcomers in our community.

Lakeland
EMPLOYMENT SERVICES

EMPLOYMENT CENTRE



OUR FRIENDLY FACILITATORS WORK WITH YOU TO:

Job Seekers

- Understand your strengths and abilities and plan a career path that suits you.
- Support you with your job search including creating a great resume.
- Provide short training courses to increase your chances at landing the job.
- Access the resources needed for a successful job search such as on-site computers, printer and phone.
- Improve pre-employment skills through weekly workshops, in-person and virtual.

Employers

- Refer qualified people with compatible skill sets.
- Showcase your job postings in the centre and on Facebook.
- Organize and provide hiring events, hiring fairs and job fairs to boost visibility.

Come in today!
5110A 54 Ave.
Bonnyville
780-343-0924

The Province of Alberta is working in partnership with the Government of Canada to provide employment support programs and services.

Canada Alberta

kickstand



PORTAGE COLLEGE

ADULTING WITH FRANK

Learn new skills and achieve your goals.

Adulting doesn't come with a manual so we tried to build one! These sessions help prepare young people for things that life throws at them.



Focus each week may include:

- -Budgeting
- -Job Preparation
- -Tutoring
- -Civics
- -Diploma Preparation
- -Literacy Skills
- -Numeracy Skills
- And more...

Start today and transform your life through education!

Key Details:

- Accessible programs for all ages 18-25
- Wednesday Evenings 5:00-7:00pm
- Practical and useful real life skills in a supportive, no judgment environment.

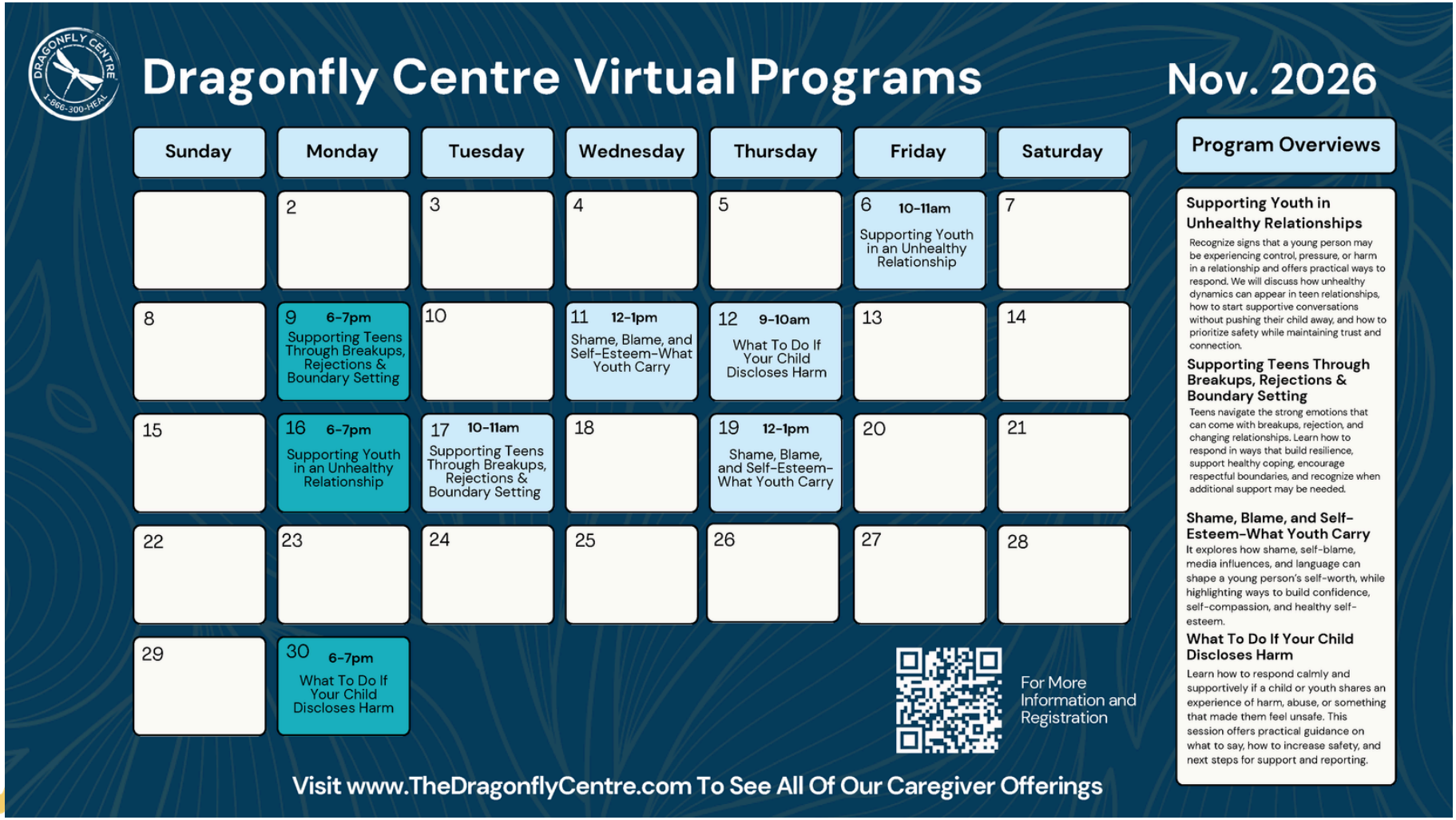
To Book an Apt Call 587-201-2528
or email: hivepa@bonnyvillepcn.ca
frank.collins@portagecollege.ca

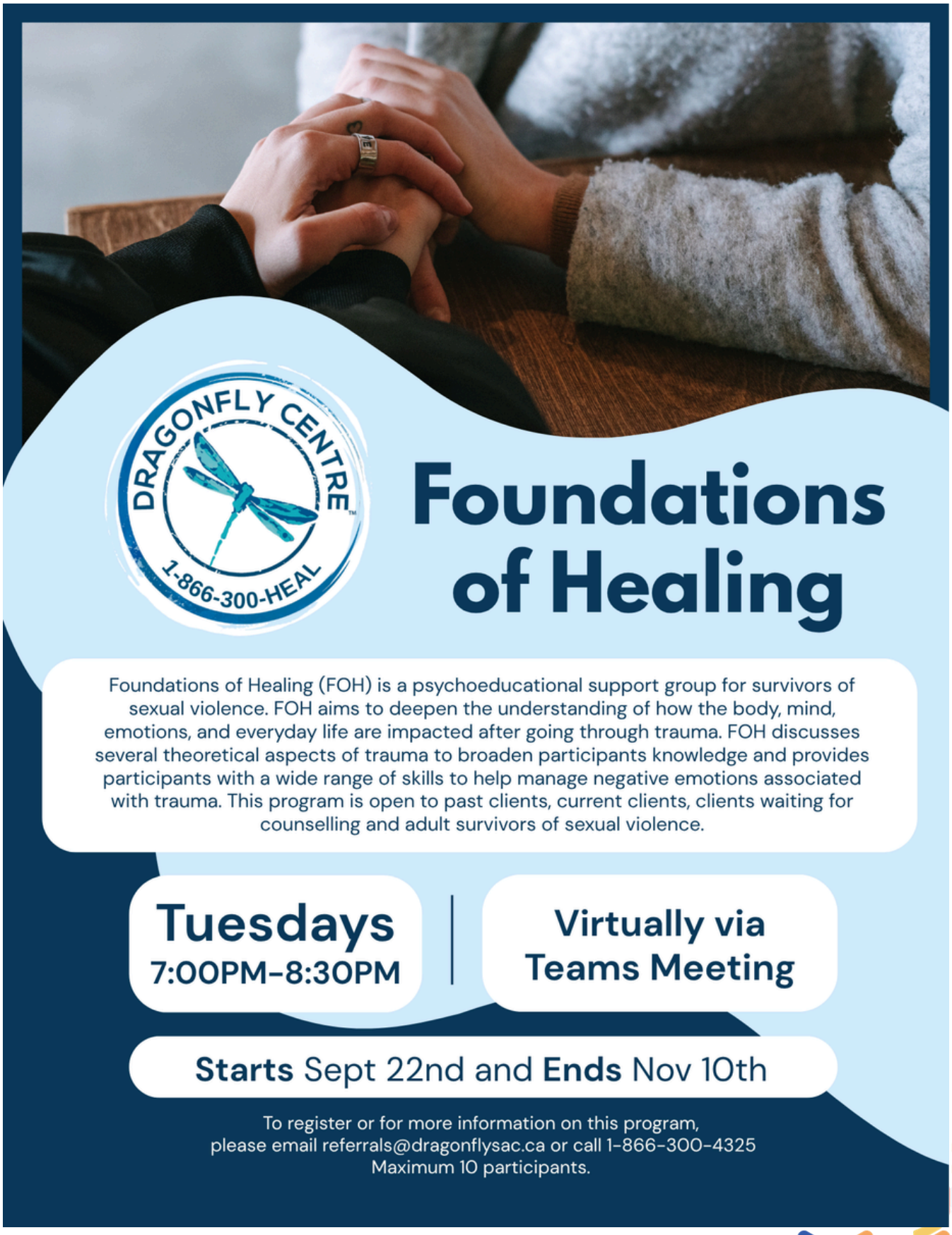
https://mykickstand.ca/communities/bonnyville/

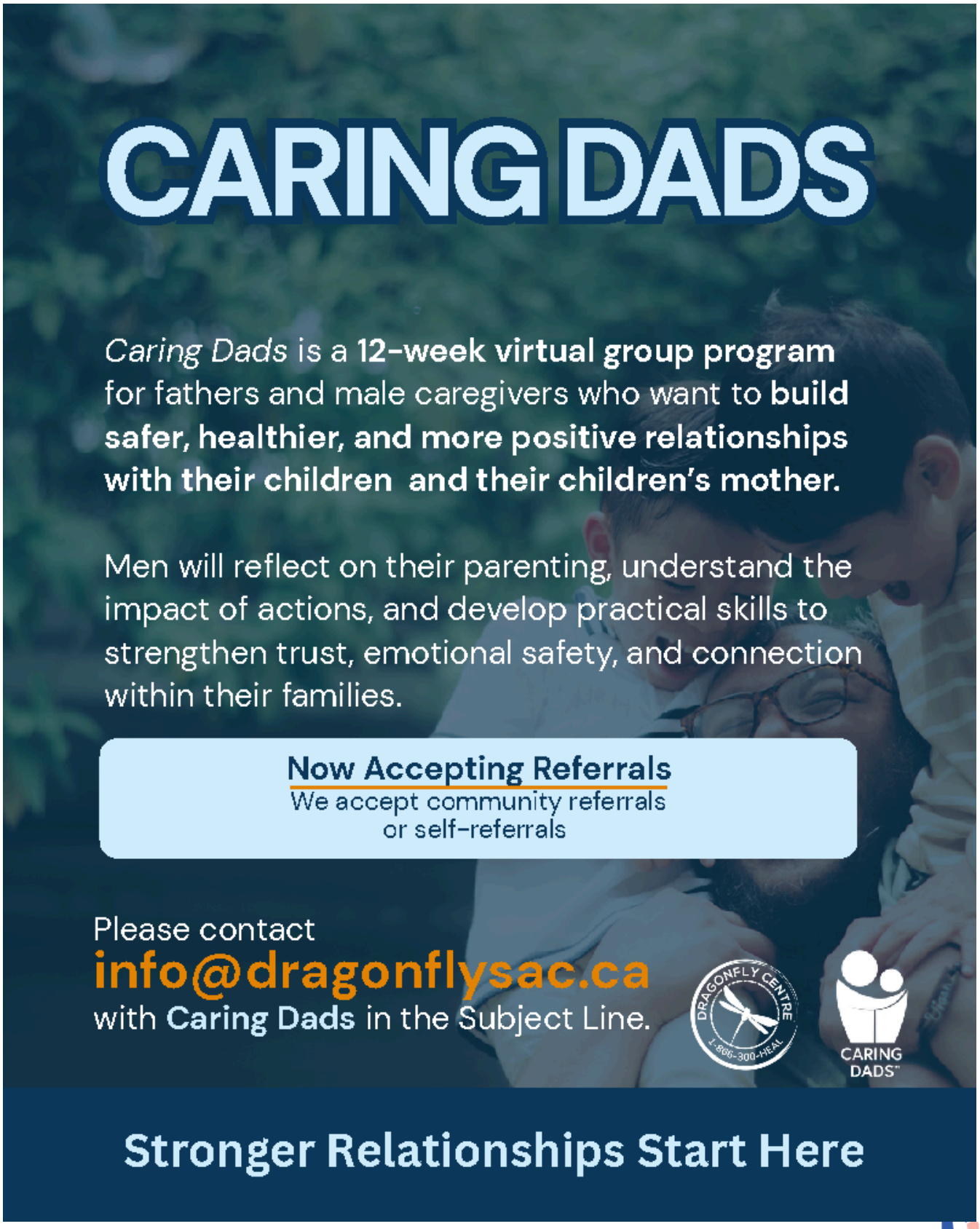

THE HIVE -BY KICKSTAND BONNYVILLE
FITNESS CLUB
Break barriers, exceed expectations, and unleash your full potential because your limits don't define you
• Every Friday 3:30 -4:30
• Group Fitness
• No Judgement
• Come as you are
• New week new targets
JOIN NOW!
Drop in and join us
HIVE
kickstand
Bonnyville


MEAL NIGHT
@ THE HIVE
EACH WEEK WE
WILL LEARN TO COOK
SOMETHING NEW
SUGGESTIONS WELCOME,
RECIPES FOLLOWED
Every Wednesday
3:30-4:30pm
587-201-2528
What are we
cooking this
week?
HIVE
kickstand
Bonnyville

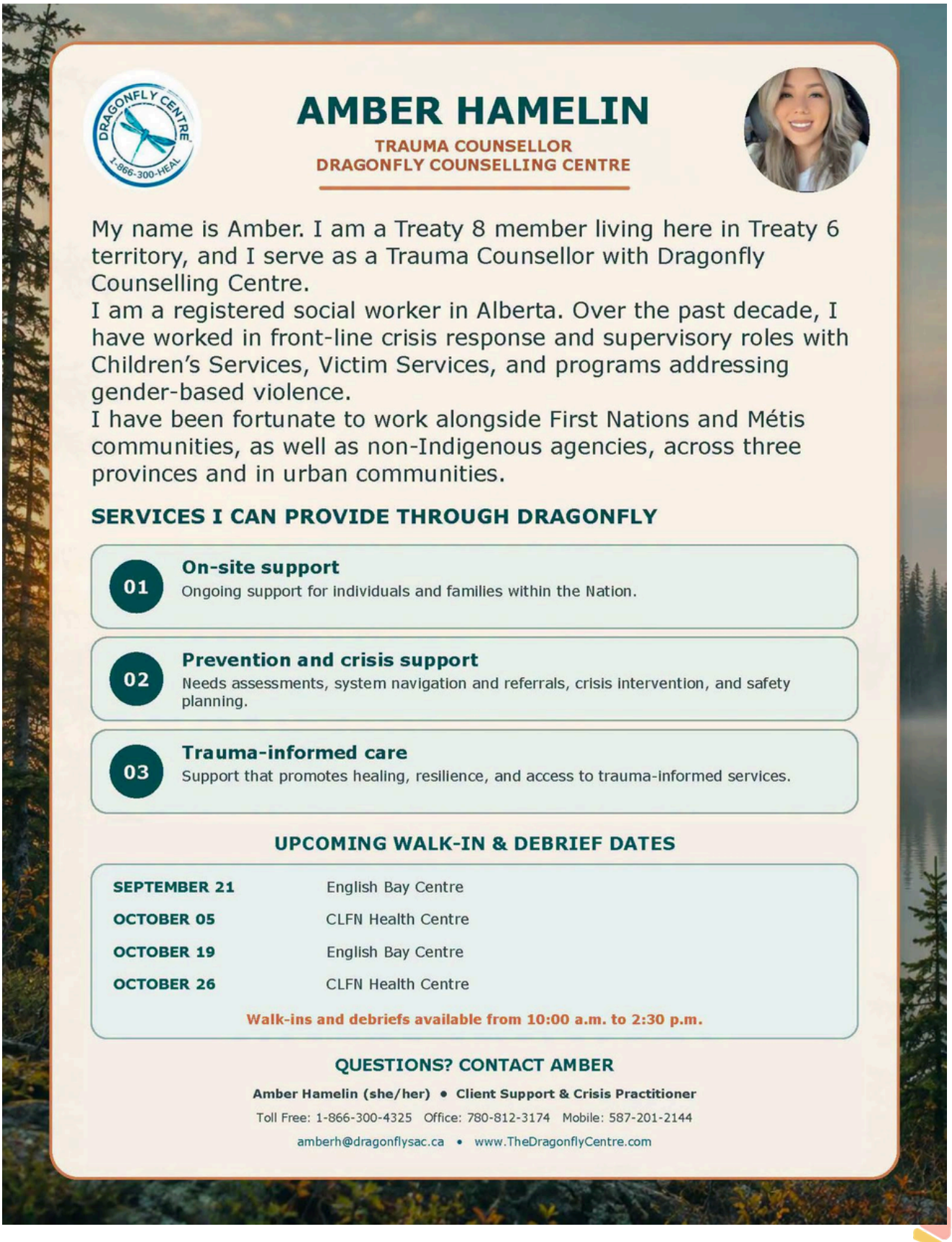

Bonnyville Municipal
LIBRARY
NOVEMBER 2026
AT THE LIBRARY
FULL DETAILS ON OUR WEBSITE CALENDAR WWW.BONNYVILLELIBRARY.AB.CA
ADULT & TEEN BOARDGAMES
MON NOV 2ND
5:00-7:30 PM D
ADULTS & TEENS AGES 13+
CHESS CLUB
MONDAYS THROUGHOUT NOVEMBER
3:30-5:30 PM D
AGES 6-ADULT
BRING YOUR OWN BOOK CLUB
WED NOV 4TH
6:30-8:00 PM D
ADULTS & YOUTH AGES 16+
TEDDY BEAR SLEEPOVER
SAT NOV 7TH
11:30-12:30 PM D
AGES 3-7 WITH A CAREGIVER
ADULT & CHILD CRAFT
SAT NOV 14TH
1:00-2:30 PM R
CHILDREN AGES 7+ WITH AN ADULT.
ADULTS MUST PARTICIPATE
LICA VERMICOMPOST
WED NOV 18TH
5:30-7:30 PM R
ADULTS & TEENS
CHILDREN AGES 7-12 MAY ATTEND WITH A REGISTERED ADULT.
COFFEE CRAFTERNOON
THURS NOV 19TH
1:30-3:00 PM D
SENIORS & ADULTS
NERF BATTLE
FRI NOV 20TH
5:00 PM R
AGES 9+
WAIVER REQUIRED
MIX & MATCH CRAFTS
SAT NOV 21ST
1:00-3:00 PM D
ADULTS & TEENS 13+
ADULT CRAFT NIGHT
WED NOV 25TH
6:00-8:00 PM R
ADULTS & YOUTH AGES 16+
ALSO BOOK CLUBS, STORY TIME, BLAST, POKEMON, AND MORE!!
* R = pre-register online D = drop-in

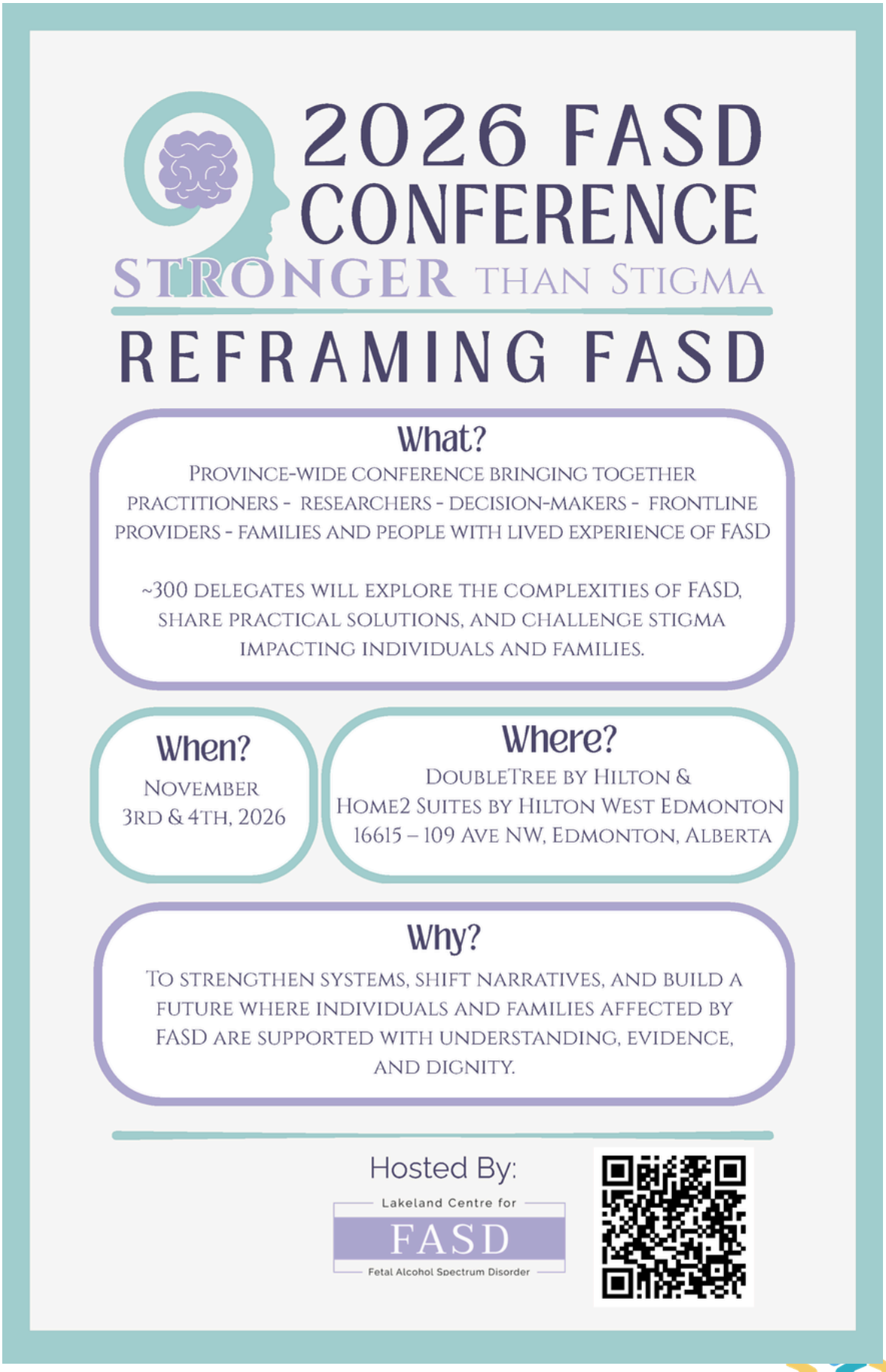

Dragonfly Centre Virtual Programs
Nov. 2026
Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday
2
3
4
5
6 10-11am
Supporting Youth in an Unhealthy Relationship
7
8
9 6-7pm
Supporting Teens Through Breakups, Rejections & Boundary Setting
10
11 12-1pm
Shame, Blame, and Self-Esteem-What Youth Carry
12 9-10am
What To Do If Your Child Discloses Harm
13
14
15
16 6-7pm
Supporting Youth in an Unhealthy Relationship
17 10-11am
Supporting Teens Through Breakups, Rejections & Boundary Setting
18
19 12-1pm
Shame, Blame, and Self-Esteem-What Youth Carry
20
21
22
23
24
25
26
27
28
29
30 6-7pm
What To Do If Your Child Discloses Harm
For More Information and Registration
Visit www.TheDragonflyCentre.com To See All Of Our Caregiver Offerings
Program Overviews
Supporting Youth in Unhealthy Relationships
Recognize signs that a young person may be experiencing control, pressure, or harm in a relationship and offers practical ways to respond. We will discuss how unhealthy dynamics can appear in teen relationships, how to start supportive conversations without pushing their child away, and how to prioritize safety while maintaining trust and connection.
Supporting Teens Through Breakups, Rejections & Boundary Setting
Teens navigate the strong emotions that can come with breakups, rejection, and changing relationships. Learn how to respond in ways that build resilience, support healthy coping, encourage respectful boundaries, and recognize when additional support may be needed.
Shame, Blame, and Self-Esteem-What Youth Carry
It explores how shame, self-blame, media influences, and language can shape a young person's self-worth, while highlighting ways to build confidence, self-compassion, and healthy self-esteem.
What To Do If Your Child Discloses Harm
Learn how to respond calmly and supportively if a child or youth shares an experience of harm, abuse, or something that made them feel unsafe. This session offers practical guidance on what to say, how to increase safety, and next steps for support and reporting.


DRAGONFLY CENTRE
1-866-300-HEAL
Foundations of Healing
Foundations of Healing (FOH) is a psychoeducational support group for survivors of sexual violence. FOH aims to deepen the understanding of how the body, mind, emotions, and everyday life are impacted after going through trauma. FOH discusses several theoretical aspects of trauma to broaden participants knowledge and provides participants with a wide range of skills to help manage negative emotions associated with trauma. This program is open to past clients, current clients, clients waiting for counselling and adult survivors of sexual violence.
Tuesdays
7:00PM-8:30PM
Virtually via Teams Meeting
Starts Sept 22nd and Ends Nov 10th
To register or for more information on this program, please email referrals@dragonflysac.ca or call 1-866-300-4325
Maximum 10 participants.


CARING DADS
Caring Dads is a 12-week virtual group program for fathers and male caregivers who want to build safer, healthier, and more positive relationships with their children and their children's mother.
Men will reflect on their parenting, understand the impact of actions, and develop practical skills to strengthen trust, emotional safety, and connection within their families.
Now Accepting Referrals
We accept community referrals or self-referrals
Please contact
info@dragonflysac.ca
with Caring Dads in the Subject Line.
DRAGONFLY CENTRE
1-866-300-HEAL
CARING DADS
Stronger Relationships Start Here


RURAL RESPONSE TO SEXUAL ABUSE™
In-Person Workshop
Friday, November 6, 2026. 9 AM - 5 PM
Dragonfly Centre Board Room (4808 50th Ave, Bonnyville)
The Rural Response to Sexual Abuse (RRSA) Training is a comprehensive, full-day workshop designed to equip professionals and community members with the knowledge and tools needed to address sexual violence in rural and remote areas. With a focus on trauma-informed care, cultural responsiveness, and community collaboration, this training provides actionable strategies to support survivors and build safer communities.
Why Attend?
This training is tailored to the unique challenges of rural and remote areas, helping communities break barriers to support and create lasting change. Participants will leave with practical skills, resources, and a deeper understanding of how to address sexual violence effectively.
For more info and registration
Dragonfly Centre Sexual Violence Services
www.thedragonflycentre.com
DRAGONFLY CENTRE
1-866-300-HEAL


AMBER HAMELIN
TRAUMA COUNSELLOR
DRAGONFLY COUNSELLING CENTRE
My name is Amber. I am a Treaty 8 member living here in Treaty 6 territory, and I serve as a Trauma Counsellor with Dragonfly Counselling Centre.
I am a registered social worker in Alberta. Over the past decade, I have worked in front-line crisis response and supervisory roles with Children's Services, Victim Services, and programs addressing gender-based violence.
I have been fortunate to work alongside First Nations and Métis communities, as well as non-Indigenous agencies, across three provinces and in urban communities.
SERVICES I CAN PROVIDE THROUGH DRAGONFLY
01
On-site support
Ongoing support for individuals and families within the Nation.
02
Prevention and crisis support
Needs assessments, system navigation and referrals, crisis intervention, and safety planning.
03
Trauma-informed care
Support that promotes healing, resilience, and access to trauma-informed services.
UPCOMING WALK-IN & DEBRIEF DATES
SEPTEMBER 21 English Bay Centre
OCTOBER 05 CLFN Health Centre
OCTOBER 19 English Bay Centre
OCTOBER 26 CLFN Health Centre
Walk-ins and debriefs available from 10:00 a.m. to 2:30 p.m.
QUESTIONS? CONTACT AMBER
Amber Hamelin (she/her) • Client Support & Crisis Practitioner
Toll Free: 1-866-300-4325 Office: 780-812-3174 Mobile: 587-201-2144
amberh@dragonflysac.ca • www.TheDragonflyCentre.com


2026 FASD CONFERENCE
STRONGER THAN STIGMA
REFRAMING FASD
What?
PROVINCE-WIDE CONFERENCE BRINGING TOGETHER PRACTITIONERS - RESEARCHERS - DECISION-MAKERS - FRONTLINE PROVIDERS - FAMILIES AND PEOPLE WITH LIVED EXPERIENCE OF FASD
~300 DELEGATES WILL EXPLORE THE COMPLEXITIES OF FASD, SHARE PRACTICAL SOLUTIONS, AND CHALLENGE STIGMA IMPACTING INDIVIDUALS AND FAMILIES.
When?
NOVEMBER 3RD & 4TH, 2026
Where?
DOUBLETREE BY HILTON & HOME2 SUITES BY HILTON WEST EDMONTON
16615 – 109 AVE NW, EDMONTON, ALBERTA
Why?
TO STRENGTHEN SYSTEMS, SHIFT NARRATIVES, AND BUILD A FUTURE WHERE INDIVIDUALS AND FAMILIES AFFECTED BY FASD ARE SUPPORTED WITH UNDERSTANDING, EVIDENCE, AND DIGNITY.
Hosted By:
Lakeland Centre for
FASD
Fetal Alcohol Spectrum Disorder



Primary Care Network BONNYVILLE

Women's Whole Health NP Clinic

Holistic care through every stage of life.

We can help with:

- Menstrual cycle concerns
- Birth control counselling
- Pap tests
- Vaginal infections & STI testing
- Menopause & perimenopause care
- Breast concerns
- Preconception counselling
- Urinary & pelvic floor concerns
- Pessary care
- Chronic disease and cancer screening

Who can book?

Women, transgender or non-binary individuals (18+) seeking care for women's health concerns.

No family doctor or nurse practitioner? Book directly with our clinic.

Have a primary care provider? Ask them to send us a referral.

Urgent appointments may be available.

Call 780-826-3346 ext. 234

PRENATAL CLASSES

Hosted by The Bonnyville OB Clinic

Location: The Hive, 5011 50 AVE, Bonnyville, AB, T9N 1H8

7 PM - 9 PM

Join us for prenatal education created to support you through pregnancy, birth, and post-partum.
Attend the full 6-class series or drop-in to individual sessions based on your needs.
Care partners are welcome to attend.

Class Topics Include:

November 3 - Pelvic Floor Physiotherapy & Nutrition with Dietitian
November 10 - LFRN & FCSS & Labour and Delivery Part 1
November 17 - Labour & Delivery Part 2,
Spinning Babies & Hospital Tour
November 24 - Newborn Care and Public Health
December 1 - Breastfeeding & Car Seat Safety
December 8 - Speech Language Pathology & Post Partum

TO REGISTER:

SCAN THE QR CODE BELOW OR CALL THE BONNYVILLE PCN OB NURSE AT (780) 815-7646

CLASSES RUN REGULARILY THROUGHOUT THE YEAR, SCAN THE QR CODE FOR UPCOMING DATES

Primary Care Network BONNYVILLE

Breast cancer screening saves lives

If you're 45 to 74 years of age, make mammograms part of your regular health routine. Get screened on the Screen Test mobile mammography unit.



Upcoming Screen Test Clinic:

Elizabeth Metis Settlement Community Hall November 4, 2026

Call toll-free to book a Screen Test mammogram: 1-800-667-0604

Have a screening mammogram every 2 years or as decided by you and your healthcare provider. No referral needed.

screeningforlife.ca/breast

Post until Nov 4, 2026

Primary Care Alberta

Seek expert advice 24/7



Concerned about your newborn?
Questions about mom's post-partum health?
Nervous new parent?

Call the New Parent and Newborn Line
1-833-805-BABY (2229)

811 Health Link
Health Advice 24/7

Primary Care Alberta

Date: March, 2025

Living with Stroke
Support Group

A group to provide stroke survivors and their families with educational and emotional support following a stroke. This group will offer a place for survivors and caregivers to come together virtually and share their experiences with others.

Discussion topics may include:

- Post-Stroke Fatigue
- Mood and Cognition
- Healthy Eating
- Physical Activity
- Stress Management
- Stroke Prevention

When: 2nd Thursday of every month at 3:00pm

Where: Offered online via **Zoom Video Conferencing**

FREE!

Pre-registration required

Available for residents of communities in the North Zone

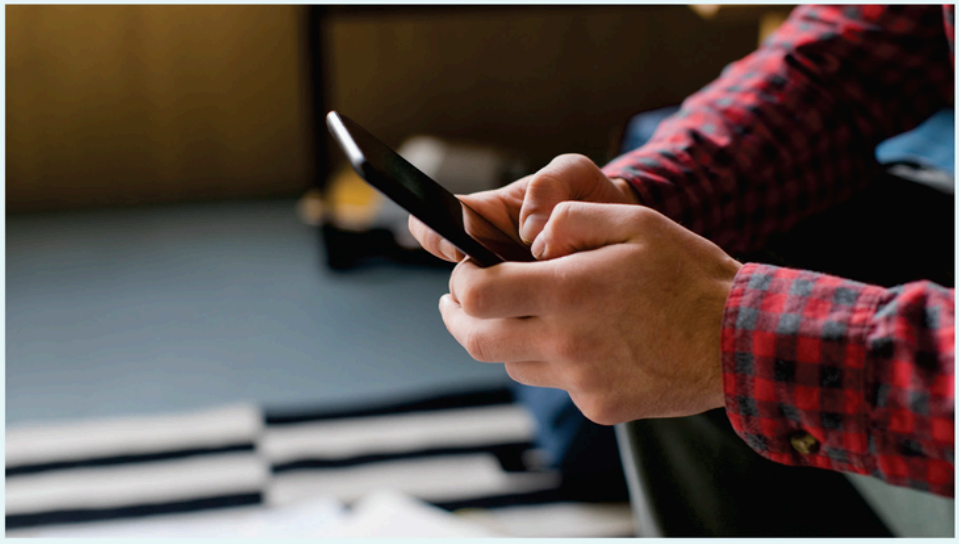


To register and receive the Zoom link visit:
https://redcap.link/strokesupport

Or for more information: Ph - 780-402-8166

Alberta Health Services
Healthy Albertans. Healthy Communities. Together.

AlbertaQuits Helpline



The AlbertaQuits Helpline is a free, confidential support service to help people cut back or quit using commercial tobacco or vaping products. Call the AlbertaQuits Helpline or complete the self-referral form online.

1-866-710-QUIT (7848)

8 a.m. to 8 p.m. daily

811 Health Link Advice 24/7

Alberta Health Services

Healthy Albertans. Healthy Communities Together.



Mental Health Services

Walk-In Clinic

Tuesday: 1 p.m. – 3 p.m.
Wednesday: 1 p.m. – 3 p.m.

New Park Place
5201 44 St., Bonnyville
Call: 780-826-2404

For after-hours support contact the AHS 24/7 Helplines:
Mental Health Helpline: 1-877-303-2642
Addictions Helpline: 1-866-332-2322

Mental Wellness – Client Centered – Support – Education – Healing

Alberta Health Services
Healthy Albertans.
Healthy Communities.
Together.


Are you 50 to 74?
Get screened for colorectal cancer in the comfort of your own home with FIT (poop test).
Colorectal cancer is one of the leading causes of cancer deaths in Alberta. Screening with FIT is easy and can save your life. 90% of cases can be treated successfully if found early.
Get your free FIT kit. Talk with your doctor or order one now at screeningforlife.ca or 1-866-727-3926.
Alberta Health Services

wellspring
CANCER SUPPORT

MONEY MATTERS



Are you looking for help with your cancer-related financial worries?

We understand how difficult it is to focus on getting well when you are worrying about money. A Wellspring Money Matters Case Manager is available by telephone or video chat to help you navigate government benefit programs and other financial resources that may be available. This program is available free of charge and without referral.

To request an appointment, visit:

wellspring.ca/moneymatters

moneymatters@wellspring.ca

Wellspring is a charity that offers professionally-led programs and services to help with the emotional, social, practical and physical needs of people living with cancer. All at no charge.

wellspring.ca | 1-877-499-9904

wellspring
CANCER SUPPORT

BRAIN FOG



Having trouble thinking clearly? Is it sometimes hard to find the right words? You may have brain fog.

Brain fog involves cognitive changes that may result from cancer and its treatment. Symptoms include:

- decreased memory
- shorter attention spans
- difficulty problem solving
- reduced ability to multi-task

Join us for this free, eight-week online program to learn ways to address and improve these symptoms.

There is no charge to participate.

Licensed from Maximum Capacity.

For more information or to register, visit:

wellspring.ca

Wellspring is a charity that offers professionally-led programs and services to help with the emotional, social, practical and physical needs of people living with cancer. All at no charge.

wellspring.ca | 1-877-499-9904

wellspring
CANCER SUPPORT

RETURNING TO WORK



Will I be able to do my job?

What if I get sick again?

How can I stay well at work?

Cancer has changed me. Do I want to do this job again?

How can my employer accommodate my needs?

Receive valuable information and support to ensure a successful and sustained transition back to work. In this six-week program, you will discuss topics such as readiness to work, need for employer accommodation, treatment side-effects that may impact job performance, and how to get ready for the return.

There is no charge to participate.

For more information or to register, visit:

wellspring.ca

Wellspring is a charity that offers professionally-led programs and services to help with the emotional, social, practical and physical needs of people living with cancer. All at no charge.

wellspring.ca | 1-877-499-9904

wellspring
CANCER SUPPORT

BEREAVEMENT SUPPORT



Losing a loved one is complex. Grief can bring loneliness, guilt, anxiety, and other difficult emotions that affect all aspects of your life.

Wellspring's bereavement programs offer a safe, supportive space for those who have lost a loved one to cancer. In a confidential setting, you can share your stories, honour their memory, express your grief, and begin to navigate life after loss.

Some programs also offer guidance and referrals to help you move forward.

LEARN MORE AT:

wellspring.ca/bereavement

Wellspring is a charity that offers professionally-led programs and services to help with the emotional, social, practical and physical needs of people living with cancer. All at no charge.

wellspring.ca | 1-877-499-9904



THE FUTURE OF EMPLOYMENT SERVICES



THE FUTURE OF EMPLOYMENT SERVICES

MÉTIS JUSTICE DEPARTMENT PROGRAMS AND INITIATIVES

Otipemisiwak Métis Government

CLIENT INTAKE PROCESS

Client Contact

- Calls, emails, in-person inquiries

↓

Intake and Assessment

- Gather initial information
- Assess if matter is within scope

Within Scope → **Navigation Support**

Not Within Scope → **Redirect or Refer to External Community Resource(s)**

Navigation Support → **Justice System Navigator**, **Justice and Wellness Navigator**, **Community Outreach Navigator**

Client Supported Through Legal Process

- Guidance and support
- Connect to community, culture, and community resources
- Follow-up

OUR MISSION

Through collaboration, partnerships, and advocacy, we are committed to addressing the systemic barriers that contribute to the overrepresentation of Métis people in the justice system.

OUR VISION

Working with stakeholders, community organizations, and Métis people, we will advance the culturally appropriate, trauma informed solutions that promote fairness, equity, and self-determination within the justice system.

CONNECT · ADVOCATE · RESPECT · EMPOWER

JUSTICE DEPARTMENT
OTIPEMISIWAK MÉTIS GOVERNMENT

Contact us at:
justice@metis.org
780-455-2200

HOW WE HELP

Support and Advocacy
Guidance through the justice process and advocacy for options like Restorative Justice.

Referrals
Connection to legal, social, educational, treatment, and other supports.

Community Outreach
Public education on justice processes, legal rights, and Métis culture

Collaboration
Working with service providers to share Métis cultural perspectives.

Connect

Advocate

Respect

Empower

WE CAN:

- Help clients understand their charges, court procedures, and agreements.
- Explain clients' rights, responsibilities, and options.
- Support clients through the justice system.
- Help with forms.
- Provide information on legal aid and lawyers.
- Refer clients to other resources as needed.

WE CANNOT:

- Provide legal advice.
- Provide funds for legal costs.

MÉTIS JUSTICE CLIENT INTAKE

When Métis individuals reach out for support, we gather information about their justice system involvement, personal details, and current situation. This allows us to assess their needs and determine the most effective next steps. Based on this assessment, individuals are either connected to programs or services within the Justice Department, or, if their needs fall outside our scope, referred to appropriate external community resources.

MÉTIS JUSTICE SYSTEM NAVIGATOR PROGRAM

We empower Métis individuals and families to confidently navigate the justice system through personalized support. Acting as connectors to community, culture, and essential resources, our Justice System Navigators help you understand what to expect, prepare for court, connect with legal professionals, and advocate to ensure your rights and needs are respected throughout the process. You do not have to go through this alone — our trauma-informed approach acknowledges the unique histories and challenges faced by Métis people, creating a safe and supportive environment on your justice journey. Navigators are based in our Edmonton and Calgary offices.

MÉTIS JUSTICE AND WELLNESS PROGRAM (EDMONTON)

Based in Edmonton, this program offers individualized, high-level support to Métis individuals with complex needs. Our Intensive Case Navigators coordinate services across multiple areas—including mental health, housing, justice, and healthcare. By advocating for clients' rights and connecting them to essential resources, they build strong, trusting relationships that promote stability, enhance safety, and foster long-term wellness.



MÉTIS COMMUNITY OUTREACH PROGRAM

This program provides specialized support to Métis individuals who have experienced, or are at risk of, exploitation. Our Community Outreach Navigators offer trauma-informed services such as crisis intervention, safety planning, and advocacy, while connecting clients to essential resources including housing, healthcare, legal support, and long-term recovery services. Navigators are based in our Edmonton and Calgary offices, serving the North and South regions.

RESTORATIVE JUSTICE PROGRAM (LAC LA BICHE)

Restorative justice (RJ) recognizes that crime causes harm to people, relationships, and communities. This approach focuses on repairing that harm by bringing together those affected and those responsible to discuss the root causes, circumstances, and impacts of the offence. It offers a non-adversarial, non-retributive process that promotes meaningful accountability, reparation of harm, and the rebuilding of trust. By involving community members, RJ fosters understanding, promotes healing, and strengthens relationships – laying the foundation for healthier, safer communities.

MAMAWI PIMOHTETAN PROGRAM

Mamawi Pimohtetan — "Walking Together" in Cree — is a 12-week men's circle where Métis men come together in a safe, supportive space to share, learn, and be heard. Guided by a Métis facilitator and grounded in the Métis River Teachings — Respect, Love, Kindness, Strength, Sharing, Balance, Caring, Courage, Honesty, Mother Earth, Patience, and Tolerance — the program empowers participants with the tools, knowledge, and confidence to heal, communicate with compassion, and build healthy, respectful relationships. Through this journey, men strengthen their connection to culture, self, and community, breaking cycles of family violence and walking forward with purpose.



CLASS-3 DRIVER TRAINING

Dates upcoming in Cold Lake, Lac La Biche, St. Paul and Bonnyville!

You may qualify for grant funding under the Government of Alberta's Industry Advancement Grant. You may also be eligible for up to $1,000 in stipends while you complete your training, which includes:

- **Foundational driving skills**
- **Resume writing**
- **Safety tickets**
- **Drive time**

PORTAGE COLLEGE

Alberta

CALL 780-623-5631, EMAIL TRAINING@PORTAGECOLLEGE.CA OR VISIT WWW.PORTAGECOLLEGE.CA

PORTAGE COLLEGE JUSTpaths
LEGAL RESOURCES & EDUCATION
Formerly the Portage College PLE Program

Métis Belonging and the Law:

Land, Family, and the Politics of Recognition



Presented by Dr. Angie Tucker

What does it mean to belong to a Métis community, and how do laws and government policies shape that belonging?

Join Dr. Angie Tucker as she explores how family histories, connections to land, and community relationships shape Métis identity and belonging. Drawing on stories shared by Métis people in southwestern Manitoba, this session looks at how government policies, migration, and legal recognition have affected Métis families and communities. The discussion will also explore Métis rights under Section 35 of the Constitution, the Powley decision, and the role of ancestry and family records in determining Métis identity.

Monday, November 16, 2026

1:00 PM – 2:30 PM (Alberta Time)

Online

SCAN ME

REGISTER TODAY

Scan the QR code to register.

For questions or assistance, contact Ruth at 780-639-7163 or Ruth.Snyder@PortageCollege.ca

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Edmonton Community Legal Centre | PORTAGE COLLEGE | Alberta LAW FOUNDATION

PORTAGE COLLEGE JUSTpaths
LEGAL RESOURCES & EDUCATION

Formerly the Portage College PLE Program



ADAP: Understanding Your Rights & Responsibilities

This session, presented by Edmonton Community Legal Centre (ECLC) staff lawyer Colton Steven, is designed to help participants better understand the Alberta Disability Assistance Program (ADAP) and how to navigate the changes. The session will also highlight available supports—including employment, financial, and health benefits—and where to go for help, advocacy, or clarification. Time will be dedicated to addressing common questions and concerns.

Thursday, November 26, 2026

1:00 PM – 2:30 PM

Online

SCAN ME

REGISTER TODAY

Scan the QR code to register.

For questions or assistance, contact Ruth at 780-639-7163 or Ruth.Snyder@PortageCollege.ca

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Aboriginal Art
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Artisan Entrepreneurship
Bachelor of Business Administration (NAIT)
Business Administration Certificate
Business Administration — Accounting
Business Administration — Management
College Preparation
Community Social Work
Culinary Arts
Early Learning and Child Care
Educational Assistant
Emergency Medical Responder
Fine Arts
Hairstyling
Heavy Equipment Operator
Natural Resources Technology
Office Administration
Open Studies
Professional Cooking Certificate
Power Engineering, 4th Class
Power Engineering, 3rd Class
Practical Nurse
Pre-Employment Heavy Equipment Technician
Pre-Employment Welding
Primary Care Paramedic
University Degree Options
University Transfer



1-866-623-5551
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Bonnyville Interagency

Newsletter

Organizations are encouraged to submit information that may be relevant to community partners, including program updates, training sessions, workshops, and other community resources.

To submit content for the interagency newsletter, please send your posters at least one week prior to the beginning of the month to:
bdfcss@town.bonnyville.ab.ca

fcss
Bonnyville & District
Family and Community
Support Services