AUGUST 1, 2025

Bonnyville Interagency

NEWSLETTER



Bonnyville & District FCSS (780) 826-2120 bdfcss@town.bonnyville.ab.ca

Welcome to Bonnyville Interagency

We promote the free exchange of information, concerns and solutions among human service organizations in our community.

We will act as a body to facilitate collaboration among members with common goals.



SEPTEMBER 17 NOVEMBER 19

Meetings run from 9:30-11:30am and the location will be sent out a week before. Please bring brochures and posters about your programs/services.

> If you have any questions, please email acabay@town.bonnyville.ab.ca



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Our organization is looking to help you promote your volunteer opportunities and connect you with willing volunteers!

Scan the QR code or click the link in the description to fill out the form to add your volunteer opportunity to our database.

For more infromation please call 780-826-2120











FAMILY ROOM

We will open our doors on Wednesday afternoons from 2:00 to 4:00 PM, starting May 28th.

The classroom will be arranged to create a comfortable space for individuals who prefer a low-sensory environment.





TUESDAY

Aug. 5 Salt Painting

Aug. 12 Puffy Paint Art

Aug. 19 Coffee Filter Flowers

Aug. 26 Making Sand Dough

THURSDAY

Aug. 7 Snake Craft

Aug. 14 Free Play

Aug. 21 Free Play

Aug. 28 Pinwheel Craft

The Family Room is open Monday, Tuesday, and Thursday from 10:00am - 12:00pm

and Wednesday afternoons from 2:00 pm - 4:00 pm



For more information on joining the Family Room Please Call 780-826-2120

4714 48 Street / Bag 1006 Bonnyville, AB T9N 2J7 | Email: bdfcss@town.bonnyville.ab.ca



Grandma's House

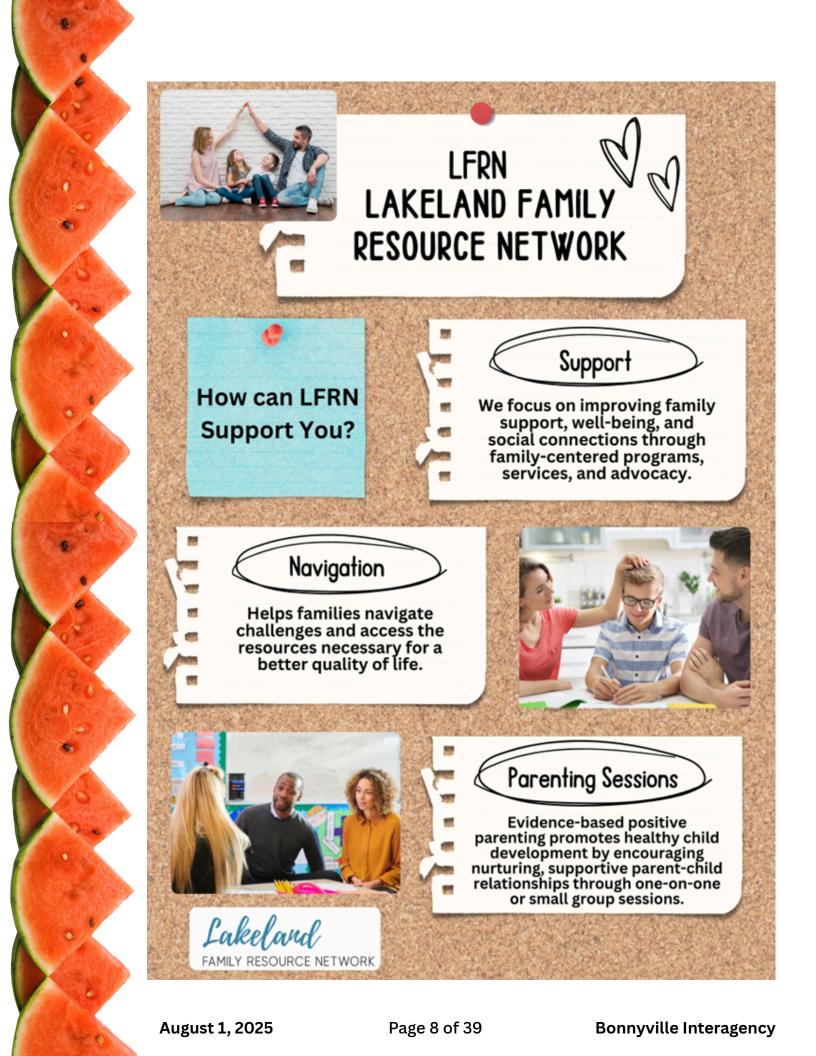
We are excited to announce the launch of an afternoon session of Grandma's House for children who are not currently enrolled in a preschool program. Sessions will start May 29th.

- To book a spot phone in the morning after 8:30am
- It will be open Thursday afternoons from 1:30 3:45
- The fee is \$5 per session
- Punch cards are available for 5 and 10 sessions

We provide a safe environment for your child to develop independence, promote social inclusion, and help to develop healthy relationships

For more information or to register your child call 780-826-2120 (Spaces are limited)









Lakeland **Family** Resource Network

Parenting Programs





Group Triple P

For parents of children 5-12

- Why do children behave as they do?
- Encouraging good behavior
- Managing misbehavior
- Goals for change

Triple P Teen
For parents of children 12-16

- · Developing a positive relationship
- Increasing desirable behavior
- Teaching new skills
- Managing problem behavior Deal with risky behavior

Love and Logic

For parents of children 0-17

- Teach responsibility without losing love
- Set limits without waging war
- Avoid power-struggles
- Help kids own and solve their problems
- Put an end to arguing and back talk





TRIPLE P **PRIMARY CARE**

For parents of children 5-12

- · For parents of children who have or are at risk of developing behavior problems
- · The emphasis is on the management of a specific child behaviour
- · A brief targeted prevention/early intervention for families with specific concerns about their child's behaviour



TRIPLE P **FEAR-LESS**

- · A multi-level intervention for parents of children with anxiety
- The program helps parents understand the causes of anxiety and the role parents play in helping children overcome their





For parents of children 5-12

- · Why children misbehave and how to redirect them.
- Non-violent discipline
- · How to build courage and character in your child.
- · Opening up the lines of communication with your children.



For parents of children 13-17

- Effective Discipline
- Teach responsibility
- Improve Communication
- · How to handle drugs, sexuality, and violence

ACTIVE PARENTING First Five Years.

For Parents of children 0-5

- Ages and stages of development
- · Building a strong bond
- Your child's growing brain
- Choices and consequences
- · 6 ways to prepare your child for school success

Hub Coordinator (780) 201-3499 LFRN Programmer (780) 826-2120







WIGGLES AND GIGGLES BABY GROUP

THURSDAY FROM 1:30-3:00 P.M.

NOTE: Change in the day, from Tuesday to **Thursday**

August 07 Bubbles at the Park Pontiac Park 4304 Lakeshore Dr.

August 28 Vezeau Beach 46300 Township Road 611 Picnic at the Park & Walk For caregivers with babies up to 12 months of age.

For more information, please call 780-201-3499

Parent Child Centre 4714-48 street Bonnyville, AB T9N 2J7

Lakeland
FAMILY RESOURCE NETWORK













Healthy Screentime Habits

July 28, 2025 12:00-1:00



LUNCH AND LEARN

Healthy Screentime Habits Monday, July 28, 2025 12:00 - 1:00 p.m.

virtual session via Zoom

Please register using the QR code

Lakeland
FAMILY RESOURCE NETWORK











Virtual Session via Zoom

Lunch and Learn

BEING BULLIED

August 25, 2025 12:00 - 1:00 p.m.



Please register using the QR code







ADHD Coffee Chat

Understanding Behavior in Neurodiverse Children

- 1. When Is Discipline Appropriate?
- 2. Impulsive Reactions or Intentional Behavior? Knowing the Difference



Speaker: Emma Spenceley

September 11, 2025 6:30 PM

4714-48 Street Bonnyville, AB In-person or via Zoom

Register Now:



Register using the QR Code









FOR PEOPLE WITH DISABILITIES AND BARRIERS TO EMPLOYMENT



WAGE SUBSIDY

Employers, ask us about wage subsidy that may be available to offset the cost of extra training required by some individuals.



EMPLOYMENT SUPPORTS

If you qualify you may receive assistance with obtaining work clothes, boots, and other work-related gear for starting your new job.



EXPOSURE COURSES

Assistance may be provided for short training courses to increase your chances at landing the job.



MOBILE JOB SERVICES

Delivering job search, resume development and printing services for those living rurally in surrounding communities.





OUR FRIENDLY FACILITATORS WORK WITH YOU TO:

Job Seekers

- Understand your strengths and abilities and plan a career path that suits you.
- Support you with your job search including creating a great resume.
- Provide short-term job coaching after you get a job to help you succeed, if needed.

Employers

- Refer qualified people with compatible skill sets.
- Provide on-the-job supports to help with staff retention, if needed.
- Support your efforts to build a more diverse workforce.

SERVICES PROVIDED IN



Bonnyville: 780.201.6005 Cold Lake: 780.594.6244 Lac La Biche: 780.623.1281 St. Paul: 780.614.1944 Vegreville: 780.603.8182



The Province of Alberta is working in partnership with the Government of Canada to provide employment support programs and services.







EMPLOYMENT CENTRE



OUR FRIENDLY FACILITATORS WORK WITH YOU TO:

Job Seekers

- Understand your strengths and abilities and plan a career path that suits you.
- Support you with your job search including creating a great resume.
- Provide short training courses to increase your chances at landing the job.
- Access the resources needed for a successful job search such as on-site computers, printer and
- Improve pre-employment skills through weekly workshops, in-person and virtual.

Employers

- Refer qualified people with compatible skill sets.
- Showcase your job postings in the centre and on Facebook.
- · Organize and provide hiring events, hiring fairs and job fairs to boost visibility.

Come in today! 5110A 54 Ave. **Bonnyville** 780-343-0924



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SUNSHINE STORY TIME

Thursdays

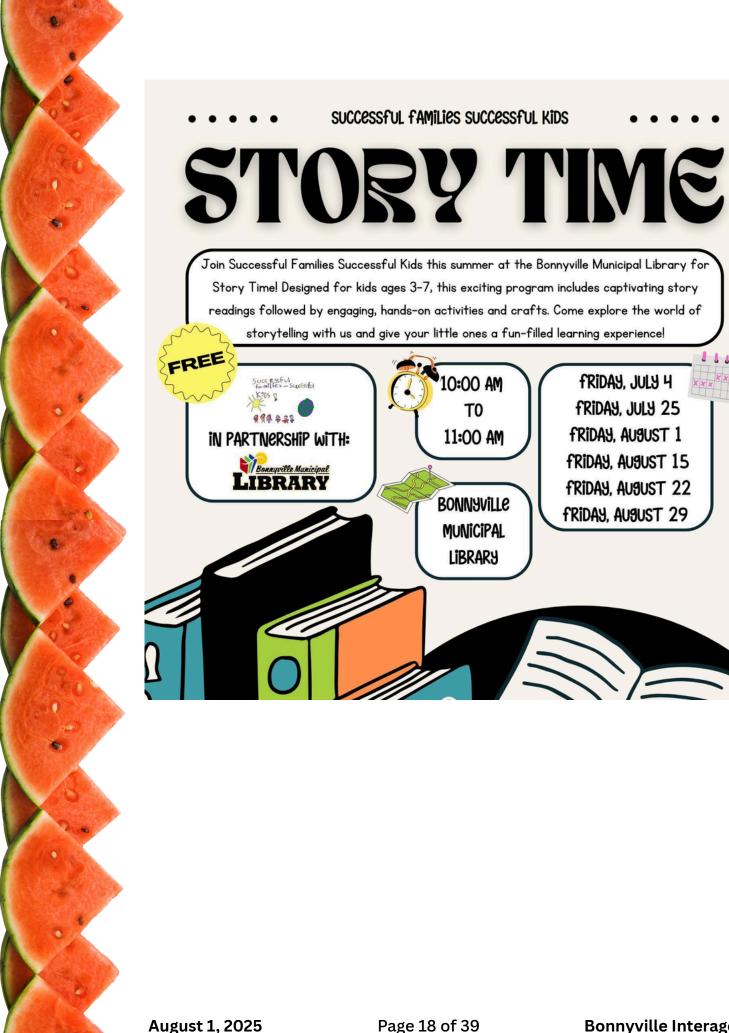
July 24 & July 31 August 7 & August 14

10:00-11:00 am

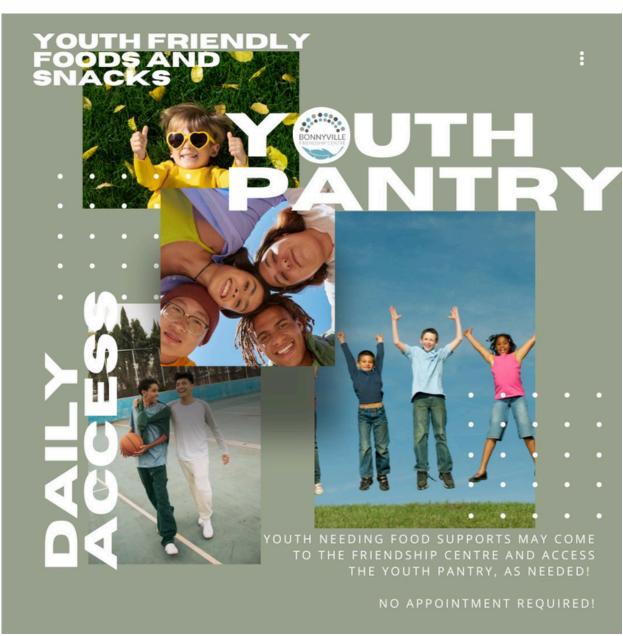
In the park behind the swimming pool. Ages 0-5 with a responsible caregiver.

Read, Sing, & Play outside for sensory Rhyme/Story Time.

Be prepared for wet or messy play.









YOUTH WALK-IN CLINIC



DEDICATED WALK-IN CLINIC FOR YOUTHS TO ACCESS PRIMARY CARE SERVICES.

AVAILABLE Primary care services include:

- women's Health
- Men's Health
- sexual health
- STI Services
- Prescriptions
- Injections and small procedures





WALK-INS ONLY AT THIS TIME.



YOUTHS AGED 14-21



ALTERNATING MONDAY* EVENINGS 4:30-7 PM



THE HIVE LAKELAND YOUTH HUB
MAIN STREET 5011 50 AVE, BONNYVILLE



587-201-2528 FOR MORE INFORMATION

*LOOK FOR DATES ON OUR SOCIAL MEDIA







2025 FASD DAY EVENT

FREE BBQ AND 3rd ANNUAL MOCKTAIL
CHALLENGE
WEDNESDAY SEPTEMBER 17TH, 2025



Come enjoy a hotdog and watch local teams compete in our mocktail challenge

@ The Town Hall Parking Lot 4917 49th Ave, Bonnyville

BBQ 11 am - 1 pm Mocktail Challenge 12 pm - 1 pm

> Want to enter your team? Call us at 780-594-9905







Mocktail Competition Guidelines

Team Structure:

• Each team must have 2 to 5 members.

Mocktail Requirements:

- Each team is responsible for preparing 4 servings of the same mocktail for the judges.
- Creativity is encouraged! Get inspired with themes, special supplies, or even team costumes!

Supplies & Ingredients:

- Basic ingredients will be available.
- Extra or special ingredients may be provided as needed, but availability is not guaranteed.
- If your mocktail requires special equipment like a blender or extension cords, your team is responsible for bringing your own.

Scan the QR Code below for more information about LCFASD supports and services.









PUPCOMINO



SEPTEMBER

WHERE: St. Paul Co-op Home &

Argo Centre

WHEN: 11:00 am

2:00 pm

Join us for a free PASD AWARENESS

Join us for a free MONTH EVENTS

MONTH EVENTS

MONTH EVENTS



SEPTEMBER WHERE: Cold Lake LCFASD Office WHEN: 11:00 am 1:00 pm

SEPTEMBER WHERE: Bonnyville Town Hall Parking Lot WHEN: 11:00 am 1:00 pm

WHERE: Lac La Biche LCFASD Office WHEN: 11:00 am 1:00 pm



Want to register your group for a Mocktail Challenge? Call us at 780.594.9905!



DIAGNOSTIC

Diagnostic & Assessment

Mobile multidisciplinary teams provide assessment & diagnosis for children, complex youth and adult clients. Anyone can make a confidential referral by contacting the LCFASD main office.

Training & Awareness

Basic to advanced training and education in all aspects of FASD is available for small or large community and professional groups. Training is tailored to meet the specific needs of the audience.



INTERVENTION

Services to individuals with a diagnosis of FASD and their families.

Post-Diagnostic Outreach Services Transition Planning **Employment Supports** Counselling Therapy Groups Support Groups



Summer Camp

LCFASD offers 6 gender and age specific overnight summer camps where children (7-17 yrs) diagnosed with FASD can be themselves, meet others, create friendships and have a positive and enjoyable camp experience.

> Activities include: Arts & Crafts **Outdoor Activities** Swimming Yoga Field Trips Cooking Cultural Experiences Drumming Nature Adventures

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PREVENTION

A unique long-term livein addiction recovery centre, available for women struggling with problematic substance

> use. Individual Recovery Plans are created to strengthen each women's physical, mental, spirtual and emotional health.

*Out of province bed available



Intensive voluntary program for women, who are pregnant/recently given birth, used alcohol/drugs anytime during their pregnancy and wish to make positive changes in their lives.

Program supports women for up to 3 years.

Bonnyville Interagency



Living with Stroke Support Group

A group to provide stroke survivors and their families with educational and emotional support following a stroke. This group will offer a place for survivors and caregivers to come together virtually and share their experiences with others. Discussion topics may include:

- Post-Stroke Fatigue
- Mood and Cognition
- Healthy Eating
- Physical Activity
- Stress Management
- Stroke Prevention

When: 2nd Thursday of every month at 3:00pm

Where: Offered online via Zoom Video Conferencing

FREE!

Pre-registration required

Available for residents of communities in the North Zone



To register and receive the Zoom link visit: https://redcap.link/strokesupport



Or for more information: Ph - 780-402-8166



Healthy Albertans. Healthy Communities. Together.







Mental Health Services Walk-In Clinic

Tuesday: 1 p.m. – 3 p.m. Wednesday: 1 p.m. – 3 p.m.

New Park Place 5201 44 St., Bonnyville Call: 780-826-2404

For after-hours support contact the AHS 24/7 Helplines: Mental Health Helpline: 1-877-303-2642 Addictions Helpline: 1-866-332-2322

Mental Wellness - Client Centered - Support - Education - Healing



Healthy Albertans. Healthy Communities. **Together.**



Seek expert advice 24/7



Concerned about your newborn?

Questions about mom's post-partum health?

Nervous new parent?

Call the New Parent and Newborn Line 1-833-805-BABY (2229)







Bonnyville Primary Care Network

Coordinated Care A Home to Hospital to Home support program providing Program for patients discharged from Acute Care

without a family doctor or nurse practitioner

An Evidenced-Based Approach to Keep You Connected

Evidence shows that connecting patients with prescribers and multidisciplinary team members in their community after a hospital discharge improves patient outcomes and reduces the risk of readmission.

The Bonnyville PCN is partnering with the Bonnyville Health Center to introduce the Coordinated Care Program - Preventing patients from falling through the gaps by creating a link between them and a team of healthcare providers.

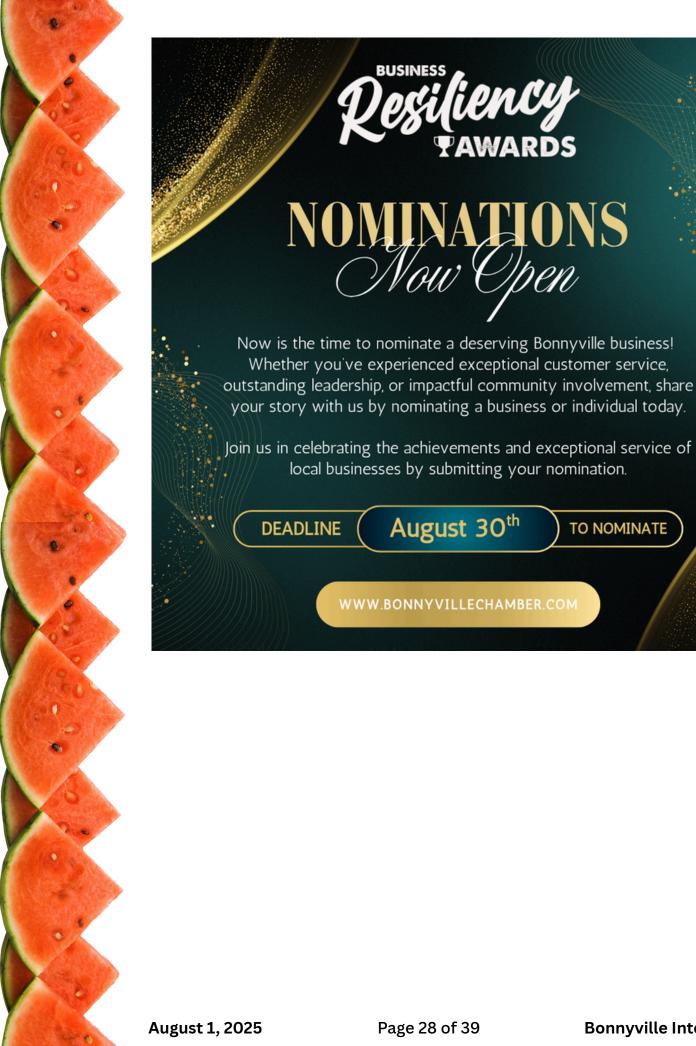
Connecting Patients with Healthcare Providers

For More Information

visit www.bonnyvillepcn.ca or phone 780-826-3346 ext. 234













APRIL WHITFORD 780.812.5751

EDMONTON

GIESELA MUELLER 780-573-3416

LAC LA BICHE

CADDIE BLOOD 780.520.7644

TASHINA PAUL 780.520.7826

LLOYDMINISTER

BEAU GADWA 780.872.9876

DANIELLE JOHN 780.872.3565









Employment Services

LOOKING FOR A JOB?

How We

Work

We'll connect you with jobs that are in high demand and employers that are waiting to hire you!



CAREER AND EMPLOYMENT SERVICES

- · Employability Assessments · Career Counselling
- Job and Practicum Placement
 - Mentorship
- Supported Referrals



TRAINING

- Apprenticeship Opportunities Occupational Training
 - Drivers training Certificates

WE GO ABOVE AND BEYOND TO FIND AN

THE-JOB TRAINING, AND RETENTION **EMPLOYMENT MATCH, DEVELOP ON-**

STRATEGIES

seeking employment and companies

seeking employees.

We are a one-stop-shop for clients

to anyone looking for meaningful

employment.

OUR ZERO-RED TAPE PROCESS WILL HELP GET YOU INTO A JOB AND ON A SOLID

For Employers



COMPANIES HIRE INDIGENOUS TALENT **OVER 20 YEARS EXPERIENCE HELPING**

increase their Indigenous workforce and We specialize in helping companies reconciliation efforts.

- Advisory Services
- Pre-Employment Assessments
 - · Training
- Retention Services
- **Cultural Competency Training** Wage Subsidies

ALL AT NO COST TO THE EMPLOYER!

GOVERNMENTS TO POSITIVELY TRANSFORM WITH INDUSTRY, POST-SECONDARY, AND WE ARE ALWAYS SEEKING PARTNERSHIPS LIVES AND STRENGTHEN THE ALBERTA ECONOMY.

CAREER PATH QUICKLY.

RECONCILIATION HAPPENS ON THE JOBSITE **WE BELIEVE IN A FUTURE WHERE**

Indigenous job seekers and businesses in Eastern Alberta, our doors are open, and our mobile services are available

Serving Indigenous and non-



Free Exercise Program

Alberta Healthy Living Program

Education that supports your health and your life

Upcoming Sessions:

Aug 18-Sept 29 Mon/Wed 6:00pm-7:30pm

Sept 9-Oct 21 Tue/Thurs 10:00am-11:30am

Sept 9-Oct 21 Tue/Thurs 1:00pm-2:30pm

- Tailored to your fitness level
- Twice per week for 6 weeks
- No equipment needed
- · Learn to exercise safely
- Use Zoom in your own home

If you are an adult living with one or more chronic health conditions, join this FREE, safe, fun and interactive

small-group setting.

Experience the Health Benefits

Free Virtual Exercise Program

Register at:

www.healthylivingprogram.ca





For more information: Call 1-877-349-5711







Empower Your Workforce with Labour Force Link: Your Complete Solution for Customized Support and Expert Guidance

FREE support for employers:

- Recruitment Strategies: Tips and tools to find and keep great employees.
- Links to Workers: Connect to job-seekers via our website, social media, and organized hiring events.
- Help You Grow: Improve your employee's skills, plan for the future, and create a diverse and inclusive workplace.
- Job Market Support: Smart advice on dealing with local job shortages so your business stays strong.
- Information & Referrals: Links to helpful resources and assist with applying for government-funded programs.

Contact Us:

Athabasca & Lac La Biche

780-404-4496 587-201-4858

Bonnyville & Cold Lake St. Paul & Vegreville

780-242-2484





The Province of Alberta is working in partnership with the Government of Canada to provide employment support programs and services.







INDIGENOUS CANCER SHARING CIRCLE

Cost: Free

Where: Online via Zoom or by

phone

When: First monday of the

month from 2-3:30pm

MST

Who: Indigenous cancer

patients and caregivers

are welcome

The Indigenous Cancer Sharing Circle is a monthly gathering to create a safe space in which to welcome Indigenous Peoples across the province to connect, share experiences, and build a caring and supportive community. With a vision to ensure no one has to face cancer alone, this circle of sharing is co-led by an Elder and a Wellspring

To learn more visit wellspringalberta.ca or call 1.866.682.3135 and ask for Nancy Bilodeau.



In collaboration with

program leader.







Cost: Free

Where: Online via Zoom

Who: Families with an adult

living with cancer - those diagnosed and

caregivers

The Children's and Parents' program is an eight-week program that brings parents (or grandparents, aunts, uncles, etc) and children together for conversations about having cancer in the family, for connection, fun and tools to help cope with and express feelings.

To learn more visit wellspringalberta.ca or call 1.866.682.3135.



No one has to face cancer alone





Cost: Free

Where: Online via Zoom

Who: Adults living with cancer -

those diagnosed and

caregivers

This six week program is designed to address work following cancer by providing support and strategies to move forward. It offers personalized preparation for returning to work, tips on managing health and personal information at work, and assistance in developing a primary self-care plan to support sustained health and wellness.

To learn more visit wellspringalberta.ca or call 1.866.682.3135.



In collaboration with







Cost: Free

Where: Online via Zoom

Who: Adults diagnosed with

cancer

Brain Fog is an eight-week cognitive enhancement program designed to address cognitive changes associated with various cancer treatments. The program, developed by Dr. Heather Palmer (PhD Neuropsychology), provides education, enlightenment and practical strategies for dealing with the challenging aspects of post cancer brain change.

To learn more visit wellspringalberta.ca or call 1.866.682.3135.



In collaboration with







IT'S ABOUT YOU

Aboriginal Art

Academic Foundations

Advanced Care Paramedic

Pre-Apprenticeship Carpentry

Pre-Apprenticeship Welding

Apprenticeship Electrician

Apprenticeship Steamfitter/Pipefitter

Apprenticeship Welder

Artisan Entrepreneurship

Bachelor of Business Administration (NAIT)

Business Administration Certificate

Business Administration — Accounting

Business Administration — Management

College Preparation

Community Social Work

Culinary Arts

Early Learning and Child Care

Educational Assistant

Emergency Medical Responder

Fine Arts

Hairstyling

Heavy Equipment Operator

Natural Resources Technology

Office Administration

Open Studies

Professional Cooking Certificate

Power Engineering, 4th Class

Power Engineering, 3rd Class

Practical Nurse

Pre-Employment Heavy Equipment Technician

Pre-Employment Welding

Primary Care Paramedic

University Degree Options

University Transfer



1-866-623-5551 portagecollege.ca









